

READ, LISTEN, WATCH

And the Nominees for Best Limited Series Are...



For decades, the limited series was synonymous with B-list cable TV, primarily because it's hard to book advertisers without a steady time slot. Streaming upended that dynamic. These days, the best limited or anthology series is often the Emmy Awards' strongest category. Somewhere between a movie and show, these miniseries often run six to 10 episodes, making them sufficiently binge-worthy without requiring a huge time investment. For that same reason, top Hollywood actors are flocking to the genre. The narrow scope also opens up the types

of stories that can be told, allowing for exploration of complicated issues, book adaptations, and true-crime reenactments. Many notable historical events that might not sustain multiple seasons, such as the nuclear crisis at Chernobyl and the saga of the Central Park Five, are now able to be dramatized beyond just the 90-minute movie length. Some have described the limited series like a summer romance: exhilarating and formative without the weight of commitment. This winter, allow yourself a cinematic fling with *Briefings'* picks for notable limited-run series. █

THE WHITE LOTUS HBO



Set at a Hawaiian resort, director Mike White's tragicomedy cuts to the beating heart of race, class, and gender tensions with a pitch-perfect cast, score, and screenplay.

DOPE SICK HULU



Michael Keaton's lead performance grounds this tale of human suffering as it traces the opioid crisis from the Purdue Pharma C-suite to an Appalachian doctor's office.

MIDNIGHT MASS NETFLIX



A small island village grapples with the darkness

Photos from top courtesy of: HBO, Hulu, Netflix

buried in religious scripture, the search for purpose, and redemption in this supernatural horror miniseries.

THE NORTH WATER AMC+



Playing a master harpooner in this epic Arctic adventure, Colin Farrell anchors an unflinching depiction of 19th-century whaling and human savagery.

THE UNDERGROUND RAILROAD AMAZON PRIME



Director Barry Jenkins's adaptation of Colson Whitehead's Pulitzer Prize-winning novel explores the generational trauma inflicted by slavery, with magical-realist flair.

Counterclockwise from top: Courtesy Mac Collins; Rik Fejdyck; Amazon Prime; AMC+



SUGGESTED

When Midcentury Scandinavian Meets Afro-Futurist

Like all of the pieces Mac Collins designs, the Iklwa Lounge Chair both tells its own story and serves as the framework for users to shape their personal narratives. In the case of this ash and oak rendering, the throne-like aesthetic evokes feelings of empowerment and dignity. Meanwhile, the spear-like arms and shield-shaped back are an exploration of the Nottingham-based designer's own Afro-Caribbean heritage. \$4,995, *Design Within Reach*



Or check out Collins's 009 Bowl on vaarnii.com. \$290



PRO TRAINING

Seven-time world champion Denis Vasilev introduces the competitive sport of kettlebell.

WHY TRY IT
"Kettlebell sport blends strength, endurance, balance, flexibility, and coordination in one relatively fast workout. It's foundational for all types of athletes."

THE GIST
"There are three lifts: long cycle, jerk, and snatch. The goal is to complete as many reps as possible in 10 minutes."

MASTER THE BASICS
"Technique can either make your experience pleasant or ruin it. Take it slow. Progress from light to heavy, shorter to longer sets."

To learn more, check out kettlebellworld.org or Vasilev's website denisvasilevkettlebell.com.