

3-2-1 THURSDAY

The author of *Atomic Habits* offers three ideas, two quotes, and one question for contemplation. Published weekly

RACEAHEAD

A Fortune senior editor examines race and politics, especially as they relate to corporate America. Published twice a week

THE GIST

This sports newsletter is dedicated to providing equal coverage of men's and women's athletics. Published four times a week

LETTERS FROM AN AMERICAN

A Boston College history professor draws parallels between current and historical events. Published daily

EMBEDDED

A humorous and insightful deep dive into life on the internet, including trends and profiles of the very online. Published three times a week

Musketeer, Westend61, Jed Share/Kaoru Share, Artem Yarmitskiy / EyeEm, Oliver Heibig/Getty Images

SUGGESTED

Bartesian, Another Please?

Like any home mixologist has discovered, making a good drink is a culinary art. But in this technological era even craftsmanship can be programmed into a machine. At the touch of a screen, the Bartesian Cocktail Maker will whip up a variety of cocktails (or mocktails), from mango margaritas to matcha



martinis. Simply pour in your preferred alcohol, insert a flavor pod, choose your potency, and press Mix. The libation future has arrived.

The Bartesian Cocktail Maker, \$369.99

PRO TRAINING

National gold medalist and coach **Carolyn Ebbinghaus** on the fastest-growing sport in the States.

PICKLEBALL FEVER

"Everyone used to think pickleball is for old people. Now they're all addicted. It has exploded."

THE GAME

"Get the ball over the net and laugh; that's pretty much the game. It will seriously change your life."

GETTING STARTED

"You don't need tennis experience, but take a beginner class. You'll be up and running in 20 minutes."

For more information, visit pickleballoutfitters.com.

